

Personal Development

Young people will challenge themselves and develop confidence and belief in their own abilities during this first phase and throughout the programme. Young people will gain transferrable skills for the world around them as well as develop a positive image of themselves.



Outdoor education and activities include;

- ◆ Team building
- ◆ Hill walking
- ◆ Indoor/outdoor climbing
- ◆ Abseiling
- ◆ Kayaking/canoeing
- ◆ Ghyll scramble
- ◆ Residential
- ◆ Voluntary / community programmes
- ◆ Work experience

Education

During the second phase young people will learn practical skills which will help them negotiate and navigate everyday challenges. They will learn to feel empowered and have the confidence to make informed choices regarding decisions and consequences.

Subject areas covered are as follows;

- ◆ Healthy living
- ◆ Independent living
- ◆ Sexual health and relationships
- ◆ Drugs and alcohol
- ◆ Internet and mobile safety
- ◆ Discrimination and stereotyping
- ◆ Employability
- ◆ Budgeting and finance



Social Action



In the final stage young people are tasked with and given the responsibility for developing a social enterprise from their own ideas. They will be supported with project development, marketing, management, budgeting and finance, record keeping and stock taking necessary for starting and running a social enterprise. Young people will also have an opportunity to become a peer mentor for the project.

Young people will work towards accreditations appropriate to their needs and the outcomes of their social enterprise

For further information, or to make a referral, then please contact us using the details on the back of this leaflet.

Boost is a fully funded project in South Yorkshire working with young people aged 18-25 who have a barrier to learning. The aim of the project is to provide them with the skills, confidence and support to enhance their options for the world of work.

This is a bespoke project, tailored to the participants' needs. Our Project Workers help improve personal and social development, build skills and knowledge and improve employability and prospects for the future. Participants can work towards accreditations and setting up a social enterprise as part of the project.

Young people will work on the following three phases:

Personal Development

Increase confidence through a series of challenges which will include outdoor activities and short voluntary/community based projects.

Education

Depending on the needs of the young people this phase will focus on subject areas including personal independence, employability and healthy living.

Social Action

The final phase where young people will develop a social enterprise with support. This phase aims to develop their skills on marketing, budgeting, product development and project management.

Contact details

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BOOST PROJECT

South Yorkshire

