



Hospital Stays & Appointments

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Hospital Appointments

- Take someone else with you
- Explain your child's additional needs
- Ask to wait in a quiet area
- Ask for a "bleep"/phone message
- Ask which doctor your child will be seeing
- Ask to be copied in on any correspondence

<http://www.sheffieldchildrens.nhs.uk/patients-and-parents/outpatients/preparing-for-outpatients.htm>

Day cases/ planned procedures

Before

- Contact the Day Case ward and explain your child's additional needs
- Ask to visit the ward in advance (take photos)
- Ask to borrow equipment to practice with at home
- Find out if it is possible to for your child to be first on the list
- Ask to have “magic cream” sent home
- Think about other procedures that could be done at same time



Day cases/planned procedures

On the day

- Explain your child's additional needs
- Ask to wait in a quiet area/room
- Talk to anaesthetist about pre meds/gas
- Take food & drink for your child for afterwards
- Make sure you have someone to help you get home

Resources

http://www.sheffieldchildrens.nhs.uk/downloads/wards/Wards_HavingAnOperationGuide.pdf

Staying in Hospital

Child

- Take toys and electronic equipment to keep them entertained
- Don't forget headphones!
- Remember snacks, drinks cups etc

Parent

- Take your own pillow
- Remember magazines books, e-reader
- Take your own tea/coffee, milk and travel mug
- Remember your phone charger

Emergency Admissions

- If you think your child's notes might be at Ryegate, ask the paramedics to ring ahead to get them transferred asap
- Take any emergency protocols, treatment plans, hospital passport etc
- Take your child's medication with you
- Start to plan your exit strategy as soon as you arrive

If your child is a "frequent flyer"

- Have a hospital bag packed and ready
- Keep a note of your child's weight

Hospital Passports

Hospital passports are designed to provide helpful information:

- Likes and dislikes
- Communication
- How best to support me
- Food preferences
- Sensory issues
- How medication is usually taken

<http://www.autism.org.uk/about/health/hospital-passport.aspx>

Benefits

What is a day in hospital? - For DLA and PIP the day you are admitted and the day you are discharged do not count. For all other benefits the day you are admitted is not counted but the discharge day is.

DLA - Stops after a total of 12 weeks (either in one stay or several stays where the gaps between stays are no more than four weeks each time. If payments stop, **Motability** should not seek to recover the vehicle for up to 28 days

PIP – Stops after a total of four weeks.

Child Benefit- Child benefit is paid for the first 12 week, but can continue if you are regularly spending money for the child.

Benefits

Child tax credit – not affected

Carer's allowance - stops when the care component of DLA or the daily living component of PIP stops

Housing benefit – carer premium will stop 8 weeks after carers allowance stops

Universal credit - if a child or qualifying young person is in hospital for more than 6 months the award will be reduced . The carer element of universal credit will stop if you no long meet the entitlement conditions for carers allowance

Transitions

- Any time between ages 16 and 19
- Led by clinical speciality
- Some specialities have teenage clinics e.g. cystic fibrosis

Things to think about:

- Who is going to coordinate process
- Mental capacity

<https://publicdocuments.sth.nhs.uk/pil2398.pdf>



Key Contacts

Children's:

- <https://www.sheffieldchildrens.nhs.uk/>
 - 0114 2717000
 - Patient Advice and Information Service (PALS)
- Linda Towers 0114 271 594

Adults

- <http://www.sth.nhs.uk/>
 - Patient services team (PTS) 0114 2712400
- email PTS@sth.nhs.uk

Any questions?



www.sheffieldparentcarerforum.org.uk