

The Lodge 'Hi 5's'

Where: Church Lane
Hackenthorpe
Sheffield S12 4AN

When: Thursday evenings
6.30pm-9.00pm

Who: Local young people with
various disabilities aged 13-25 yrs.
Able bodied volunteers aged 13-19 yrs.

What: Wide range of activities; Arts & crafts, sports, cooking, games,
outings, socialising, discussions, DVD's, residential weekends,
day trips and much, much more.



Hi 5's has been established for many years now and currently has an ever expanding membership of 40+ disabled young people and non disabled volunteers.

As you can see from the information above we have an extensive programme of activities but above all we have lots of fun! The members plan their own programme on a regular basis to help ensure the interests of everyone are considered. If you would like to become a member of Hi 5's then please contact Chery or Gail on the numbers below. If there is anything you have always fancied trying and never had the opportunity, you never know, we just may be able to help!

If you are looking for a volunteering opportunity with a group like ours then now's your chance. Maybe you are a student needing to build up your experience or someone wanting to give something back to the community, whatever the reason just give us a call. If there is no answer, then please leave a message, we will always phone you back.

HOPE TO SEE YOU SOON! Come join the FUN!!

Contact details: **Cheryl Ridge Tel: 07736 708051** or **Gail Smith Tel: 07775 598847**
cheryl.ridge@sheffieldfutures.org.uk gale.smith@sky.com

Supported by:

Friends of Hi 5's

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