

Sheffield Short Breaks and Respite Services

Welcome from

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Today ...

**What
Who
How**

**Short breaks consultation
Any questions**



A short break is an activity for a disabled child that provides benefits for both the parent carer and child....

- attending a club, doing something together as a family, an overnight break.
- it can be a break from the caring role, and for a child the opportunity to do fun engaging activities with other children.

Local authority - Duty to provide a range of services... to assist carers to continue to provide care, or do so more efficiently..

- Day care
- Education or leisure breaks out of the home
- Services in the evenings, weekends and during school holidays
- Overnight in the home or elsewhere

Short Break Services

- Grant funding direct to parent carers
- Day-time short breaks at weekends, school holidays and evenings
 - in mainstream clubs with non-disabled children; in clubs for disabled children only
- Direct Payments
- Local authority overnight short breaks
 - Foster Care or Residential Children's Homes
- Health provide - nursing care in the home (Helena Nursing team) and overnight short breaks in Ryegate House

Principles

- Support and Strengthen Inclusive Communities
 - Capital Funding into Graves Park, SIV etc to develop inclusive play and leisure opportunities
 - Work with families and leisure providers to support children attending
- Removing barriers
- Short Breaks based on need not diagnosis
- Work collaboratively with learning environments i.e. education
- Child voice
- Outcomes and Aspirations
- 5 Ways to Wellbeing

A Short Break Grant

Up to £400, per family, once a year, spend by 31st March

- Parents can choose how they use the money as a short break activity
- I.e. a yearly cinema pass, gym membership, day trips out, a holiday, camping, etc
- Some families receive a grant as well as an additional short break service

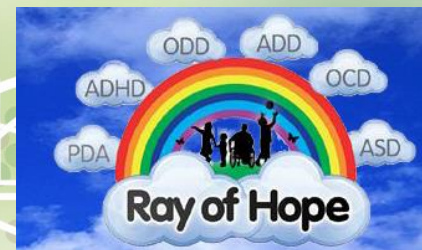


Universal Clubs

Many disabled children and young people wish to take their short break in a local club or doing a specific activity.

- Art and Craft, Swimming; Cubs, Scouts, Guides, Brownies, trampolining, football, City Farm, etc.
- You choose, we support
- Guidance, advice, and funding where it would be difficult for the club to support a child without additional staff
- Length of the session depends upon the club

Dedicated clubs for disabled children



Dedicated Clubs for disabled children

Some children with more complex need attend clubs commissioned by the local authority for disabled children only:

- 12 Providers, provide group activities
- Weekend, School Holidays, occasionally after school
- Up to 5 hour sessions depending upon the activity or club
- Various activities, for children with more complex needs

Direct Payments

- Parent carers are offered the option of a Direct Payment in lieu of an assessed short break service
- Families can buy their own short break service or employ a Personal Assistant to support their child / young person



Overnight short breaks

4 Children's Residential Homes

- Rushey Meadows for children with severe learning disabilities
- Mulberry Lodge for children with severe learning disabilities
- Chancet Wood for children with physical disability and severe multiple disabilities
- Gibson House for children with learning difficulties and disabilities
- Foster Carers overnight care in their own home
- Mossbrook House – run by Mossbrook school, for the school children only

No formal assessment



- Short Breaks Grant = *application form*
- Initial level daytime short breaks = *Parent self referral form*

This parent self referral form is being revised

- More information on which to make a decision on an appropriate short break
- Removes the need for assessments for some families
- More focus on the Voice of the Child

Parents - We need to make sure short breaks are allocated on need, for families who need them most

Assessed Short Breaks

- Day time short breaks but a higher level of service needed
- Short Term 1:1 befriending
- Direct Payments
= Family CAF or Social Work Assessment and Placement Panel
- Overnight foster care or Residential care
= Social Work Assessment

How often?

The level of service is based upon need of the family, not the diagnosis of the child

- Daytime
 - 1 day a week during school holidays: no formal assess.
 - Up to 2 days week during holidays, alternate or every Saturday = A formal assessment
- Direct Payment
 - up to 55 hours Direct Payment = no formal assessment
 - Over 55 hours based on need and a formal assessment
- Overnight – formal SW assessment
 - Based on need, up to 1 night a week and 1 weekend in 6

How many?

- **2,333 individual children or young people accessed local authority short breaks in 2015/16**
 - Short Break Grant - 1744 families
 - Day time short break activities over 740
 - Direct Payments - 284
 - Residential overnight – 143
- Over £6 million per year



We could do with more provision for children over 14

I want him to do things that challenge him, safe but risk taking...that I am not confident to do

It is too hard to find Personal Assistants

Direct Payments, the process is too long

Sometimes its hard to find clubs for children with the most complex needs

I think Sheffield is good, there is a much broader range of services here, and more early support ...

It works well, let's not change it...

Make sure families who need short breaks most get them ...

We love our bedrooms ... we like eating tea together (child in residential)

It's the trust in the staff that gives us the break...

Short break consultation

- Conversation with parents during 2014 and 2016
- Many suggestions on what was working well, what could be done differently
- We are waiting for agreement before any formal consultation will be launched



Contact

- First response Team
- 10:00am to 4:00pm Monday to Friday
- Tel: 2735368

