

Newsletter

For parents and carers of children and young people with disabilities and special educational needs in Sheffield.

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March 2011. Issue 3

Greetings and a big welcome to our third newsletter!

As parents of disabled children, we certainly live in interesting times. Budget cuts and radical service reforms will affect all of us. Now more than ever, we need to work together to protect the services our children need, and to influence what is happening both locally and nationally.

Like many other organisations, we are facing a funding cut. However, the good news is that we will have enough money to carry on the work we have been doing. This money will continue to pay for office space at the Carers Centre and our workers who are essential to the success of our organisation.

However, we will have to scale back some of our activities. Over the last two years, we have been running from meeting to meeting, trying to change everything at once. We've had lots successes, but we've also learnt that this level of involvement in strategic groups is just not sustainable. In the future, we will need to work smarter and not spread ourselves too thinly.

We see this as a great opportunity to focus our attention on the key issues that are important to us all. We will continue to be involved in the most important strategic groups, in order to get information as well as influence policy, but we will also campaign on issues that our members keep raising such as Speech and Language Therapy, Home-School Transport and Direct Payments. If you want to help us with these issues in any way, please let us know.

Continued on page 2.



About us

The Sheffield Parent Carer Forum is an independent group of parents and carers of children with disabilities and/or special educational needs.

Our aim is to make sure the needs of our children are met. We understand the challenges you face on a day-to-day basis, because we are parents and carers too. We organise regular events where parents can meet each other. We can tell you about the most up-to-date sources of information for your children.

We are here to give parent carers a voice. By joining the Parent Carer Forum, we can work together to improve services for our children.

Membership is free, join us today!

Fill in the membership form at the back of this newsletter to join.

Get in touchBy Post:

Sheffield Parent Carer Forum, c/o Sheffield Carers Centre, 7 Bells Court, Bells Square, Sheffield S1 2FY

By phone: 0114 252 1913

By e-mail:

enquiries@sheffieldparent carer forum.org.uk

Website:

www.sheffieldparentcarerforum.org.uk

Drop-in:

Currently by appointment only; please contact us to arrange a time.



Find us on Facebook!

Continued from front cover.

We want to put on more family events, and provide training and support for parents. We need to recruit more members and volunteers - look out for our roadshows, training sessions and information evenings, and tell other parent carers about us.

You may not have the time or energy to get involved and just want to be kept in touch with what is happening. In the future, this newsletter may only be sent to our members, so **SIGN UP NOW** if you haven't already! Fill in our membership form, or just join via our website **www.sheffieldparentcarerforum.org.uk**. It will help us keep costs down if you can give us your email address and mobile phone number.

If you think that this will make no difference, think again. Believe that we parents together have power – the council's recent U-turn on the decision to close Rushey Meadows respite care home (see p. 4) shows what parents can achieve if they work together.

Jayne Woodward, (Co-Chair, Sheffield Parent Carer Forum)



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Looking back...

What did we get up to in 2010?

- We signed up over 300 new members.
- We became incorporated and held our first AGM (Annual General Meeting).
- We produced the first two issues of our newsletter, with a circulation of 3,000 each.
- We organised a range of well attended events for parents and families, such as a Family Fun Day and a Conference.
- Our parent representatives attended 63 meetings with the local authority.
- We collected parents' views and passed them on to decision makers.
- We provided training for newly appointed SENCOs.
- We provided information for parents via our website,
 Facebook page and email bulletins.
- The Sheffield Star ran several articles about our work.



Have we made a difference?

We think that our 2009 parents' survey on school support and specialist services, and the resulting media coverage, helped to push special educational needs up the agenda.

Many of the issues we raised are now being addressed through the new Inclusive Learning Strategy (ILS). Three of our parents sit on the ILS steering group along with head teachers and council officers.

Our parent reps were involved in a review of the funding formula for additional needs in mainstream schools. The result of this review is that from April 2011:

- a bigger percentage of overall school funding will be designated to meeting lower-level additional needs;
- an extra £1m will be spent on meeting the needs of the most severely disabled children in Sheffield's mainstream schools;
- accountability arrangements will be improved.

We advised officers how Graves Park playground could become more inclusive. The playground is currently being refurbished and will open around Easter time. (See page 7).

We told officers about the difficulties parents face in getting direct payments. The direct payments system is now under review, and we continue to be involved.

We worked with officers on making childcare more accessible for disabled children. The outcomes of this work will be: a network of specialist childminders, an information booklet for parents (based on a consultation we organised), and a register of trained, self-employed students ready to work as 1:1 carers. This project will continue to receive funding in 2011/12.

Less money for Short Breaks despite record investment

In December 2010, the Government announced that local authorities will be given £800m over the next four years to fund short breaks for families with disabled children. This is the highest ever investment in short breaks.

From April 2011, funding for short breaks will be included within the new Early Intervention Grant. The short breaks money will not be ring-fenced. That means that local authorities can choose to spend it on other things.

Sheffield City Council's 2011/12 budget allocates £1.7m to short breaks – this is £300,000 less than in the previous year. Investment in overnight respite (i.e. three respite care homes and foster placements) and daycare services provided by SNIPS (Special Needs Inclusion Playcare Service) will remain at the 2010/11 level.

We have requested a meeting with Cllr Colin Ross, Cabinet Member for Children & Young People's Services, to find out more.



PARENTS' PROTESTS SAVE RESPITE CARE HOME

When plans to close Rushey Meadow, a respite care home for children with severe learning difficulties in Bannerdale Road, were published in the Sheffield Star, parents of children who use the centre were devastated.

Plans outlined in the council's 2011/12 budget proposed to save £120,000 by giving families personalised budgets from which to purchase their own respite care.

In a desperate attempt to get their point across, several families made appearances in the local media. Parents highlighted the lack of alternative placements in Sheffield, which meant that it would be impossible for them

to purchase an equivalent care package elsewhere.

The parents were supported by the Sheffield Parent Carer Forum, whose members sent numerous emails to their local councillors.

The campaign culminated in an emotional meeting between Rushey Meadow parents and Cllr Colin Ross, Cabinet Member for Children & Young People's Services.

Just two hours after the meeting, Liberal Democrat councillors issued a press statement announcing their decision to keep Rushev Meadow open.



Changes at SIGN

The SIGN Service based at Ryegate Children's Centre offers support, advice and information to families with children with disabilities, special needs and specific health conditions. Funded by Sheffield City Council and Sheffield Children's NHS Trust, new changes to the service are being considered to help the funders meet savings in their budgets.

Over the next 6 months SIGN will talk to its funders, clients and other organisations to look at the future direction of the service. In a recent survey conducted by Sheffield Information Link, Sheffield's Family Information Service, SIGN's clients and health professionals using the service agreed that this valuable service should be protected and maintained. We will keep you informed of the progress of the ongoing discussions. For more information please ring SIGN on 0114 266 9476 or Sheffield Information Link on 0114 275 6699.

By Trudie Smallwood Deputy Chief Executive, Sheffield Information Link

Schools roadshow project

Volunteers from the Parent Carer Forum have started attending events at schools and community centres in order to raise the profile of our organisation and sign up new members. You may have met us at King Ecgberts, Birley Spa, Sharrow Sure Start and the Transition information event at St Mary's.

We want to do more outreach work of this type in the future, focussing particularly on groups who are currently underrepresented within our organisation.

We would be grateful if you could let us know if your school or group is planning an event that we could come along to.

Please give us a ring on 0114 252 1913 and let us know!

NEW PARENT PARTNERSHIP HELPLINE

The Sheffield Parent Partnership Service is now offering an Information Helpline for parents and professionals who need information and advice on any aspect of Special Educational Needs (SEN).

The helpline is available on Tuesdays, Wednesdays and Thursdays between 5pm and 7pm, term time only, and the number to call is...

0114 261 8765

£1M FOR EXCEPTIONAL NEEDS IN MAINSTREAM

Sheffield City Council has allocated an extra £1m to pilot a new approach to funding support for pupils with exceptional needs in mainstream schools. This money will be available from September 2011.

The extra funding will be handed to 5-10 "families of schools" (each consisting of a secondary school and its feeder primary schools and nurseries). The schools in each family will need to agree which pupils should benefit, and how they should be supported. The intention is to target pupils who, without this additional support, might otherwise transfer into special schools or Integrated Resources, or be at risk of being excluded.

This extra investment goes some way towards closing the gap between Sheffield and similar authorities (Sheffield currently underfunds pupils with exceptional needs in mainstream by around £4.3m per year).

We have been informed that further funding for this pilot work will be dependent on demonstrating successful outcomes in terms of pupils and their parents being welcomed, meaningfully

included, actively involved and with good social and learning outcomes.

We fully support these objectives. However, we are concerned that the money allocated to this pilot comes from Council reserves, and not from a sustainable funding stream.



Childcare programme extended

Over the past 12 months, parents and officers have been working together to improve childcare provision for disabled children in Sheffield. This has given rise to a number of promising new initiatives (such as specialist training for childminders and student volunteers).

which are only just starting to have an impact. The project has just received funding for another year.

This is a fantastic opportunity to embed and extend the work we have started, and to really make a difference.

Aiming High for Graves Park

Over the past few months, Sheffield City Council's Parks and Countryside department have been working with the Friends of Graves Park and the Sheffield Parent Carer Forum to redevelop the play area next to the rose garden in Graves Park.

The scheme will see new play equipment, such as a large sand pit, nest swings and a large climbing frame installed alongside existing equipment.

The area has been redesigned to make it more inclusive, especially for disabled children. This has involved creating new paths, ensuring that there are very few changes in levels and using colour to create different areas. Quiet areas and plenty of seating will be created for





parents, carers and children wishing to have a picnic or relax and take in the view across the park.

Work on the project started in early January and is scheduled to finish in early April. The play area will be completely closed during this period.

Funding of almost £240,000 for the project has been secured through the Aiming High for Disabled Children scheme.

For further details please contact the Parks and Countryside Department on **(0114) 2500500**.

By Chris Roebuck, Project Development Officer, Parks & Countryside

These images are for illustration only. The actual playground equipment will look slightly different.

Dates for your diary

SHAKE-UP OF SEN SYSTEM ON THE AGENDA

In a Green Paper published on 9th March 2011, the government set out its proposals for reforming the education system for children with special educational needs (SEN).

These proposals include:

- Replacing Statements with "Education, Health and Care plans" by 2014.
 These plans would be determined through a single assessment process, and would cover the age range from birth to 25. They would have the same legal status as statements of SEN. Parents would still be able to appeal to tribunal, but may be required to take part in mediation first.
- Introducing greater indepence to the assessment of children's needs by getting voluntary groups to "coordinate" the assessment process.
- Offering families with children with a statement or a new "Education, Health and Care Plan" the right to a personal budget. This would give families greater control over how the funding for their child is spent.
- Giving parents more choice over school placements by allowing them to "express a preference" for any state-funded school, including mainstream, special, academies and free schools. This preference would have to be met - unless it would not meet the needs of the child, be incompatible with the efficient education of other children, or be an inefficient use of resources.

- Requiring local authorities to provide clear information about all services available in their locality.
- Improving teacher training and continuing professional development.

The consultation on the proposals will run until 30 June 2011.

To respond online, please go to
www.education.gov.uk/consultations.

You can also email

send.greenpaper@education.gsi.gov.uk to request the consultation document in alternative formats.

At this early stage in the legislative process, your input really does count! The question is, however, how many parents will have the time to plow through a 136-page document and answer 59 questions?

The Sheffield Parent Carer Forum will submit a response to the paper. You can contribute to this by attending a meeting of our Education subgroup (see the next page for meeting dates), or by telling us your thoughts via email, post or telephone (see p. 2 for contact details). We would also be happy to send you a draft of our response, so you can comment on it.

May

Wednesday 4th

10am - 12 noon Sheffield Carers Centre

Education subgroup meeting.

Come along and talk to other parents about special educational needs, and find out what's going on in Sheffield.

Friday 6th

10am - 12 noon Sheffield Carers Centre.

Transport Focus group.
We met with officers from the Travel
Service back in February and raised
a number of issues regarding homeschool transport (please see our
website for meeting notes).

This is a follow-up meeting to check on progress. Everyone welcome!

Sunday 15th

2pm - 5pm Ponds Forge

Childcare information event with loads of free activities for the kids.

Booking essential.

Please see page 16 for more details.

June

Tuesday 14th

12 noon - 2pm Sheffield Carers Centre

Education subgroup meeting. Come along and talk to other parents about special educational needs, and find out what's going on in Sheffield.

To ensure that we've got a big enough room, it would really help us if you could let us know in advance if you're planning to come along to any of these meetings.



Did you know...?

Disability Living Allowance

Disability Living Allowance (DLA) is one of the most important benefits for disabled children. It is a benefit for people who need assistance with (1) looking after themselves and/or (2) getting around.

DLA is important not only because of the financial support it provides, but also because it acts as a passport to other benefits, such as Carers Allowance, as well as some of the discounts listed on these pages.

For more information, please visit **www.cafamily.org.uk.**

It is a good idea to get help completing DI A claim forms.

Contact **SIGN** on **0114 266 9476** or email **sign@sheffieldinfolink.org.uk** for a list of organisations that can help.



FREE cinema tickets for carers

If your child gets DLA or is a registered blind person then you can apply for a CEA card. This card enables a carer to accompany your child to the cinema for free.

For more information please ring **0845 123 1292**

or visit www.ceacard.co.uk.



"With Carer" travel permit

If your child receives the Higher Rate Care Component of DLA, they will be eligible for a "With Carer" Travel Permit.

This allows a carer to travel with them free of charge on buses, trains and trams within South Yorkshire.

For more information, please contact First Point on **0114 2734897.**

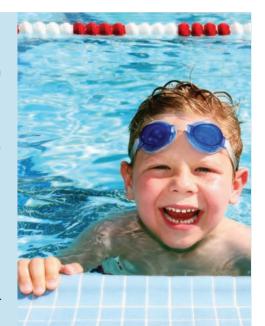
Slice Card

This card offers up to **30% discount** on the use of swimming and sports facilities in Sheffield. You can apply for a Slice Card if you get Carers Allowance. Your child can get their own Slice Card if they get DLA.

If your child is registered blind or receives the high or middle rate care component of DLA, you can apply for a Plus One card. This gives a carer free entry to activities that qualify for the Slice scheme discount when accompanying a disabled child.

The Slice Card (including Plus One) costs £3 and is valid for 12 months.

For more information please contact Activity Sheffield on **0114 2734266** or email **activity.sheffield@sheffield.gov.uk**.



Merlin's Magic Wand

Merlin's Magic Wand is a charity that has access to a large number of complimentary tickets to attractions including Alton Towers, Legoland, Sea Life Centres, Warwick Castle and the London Eye.

Families of disabled children (under 18) can apply for up to 5 free tickets per year (for the child and immediate family members) to have a day out at an attraction.



You can check your eligibility and complete an online application form on the website **www.merlinsmagicwand.org** or call **01372 751374.**

Focus on Speech & Language Therapy



At almost every event and every consultation we have organised in the past two years, parents have raised concerns about a lack of Speech and Language Therapy (SLT) input for their children. We want to do something about this.

The situation in Sheffield

SLT services in Sheffield are provided by the PCT (Primary Care Trust) and commissioned by NHS Sheffield and Sheffield City Council. There is no city-wide approach to the planning and commissioning of SLT, and no city-wide core offer.

A 2009 review* of NHS-commissioned SLT services found that there are significantly fewer children on the active caseload of the SLT service than would be expected for Sheffield's child population. The capacity of the service (in terms of whole time equivalent) is 40% lower than the national average. The service itself estimates that it only meets 25% of the identified need through direct intervention. (NB The SLT service in Sheffield operates a model whereby therapists mainly assess children and design interventions, and then train other staff, such as Teaching Assistants, to deliver the therapy. This makes it difficult to compare Sheffield with other areas, where therapists may be more "hands on".)

By the service's own admission, it is merely "scratching the surface".

So why is it that children in Sheffield get such a raw deal? Well, it seems that having two hospitals in the city is a major factor. Both the Children's Hospital and the Teaching Hospital have seen a steady increase in highrisk cases requiring clinical SLT intervention, such as help with eating and swallowing. This diverts money away from non-clinical services delivered in the community. Since NHS Sheffield needs to save £40m during the 2011/12 financial year, there is no new money to improve the situation.

Both the NHS and the education system are currently undergoing massive changes. Health reforms will see GPs consortiums take control of health care commissioning. Schools wills be given much greater autonomy over their budgets, and will have to buy in services that used to be free at the point of delivery. How will all this impact on SLT? Nobody seems to know.

Next steps

Where to start when so much needs to be done? We can't change everything at once, so we will have to focus our energies on a few issues that really matter.

We propose the following campaign targets:

- **1.** The capacity of the service to be brought in line with the national average.
- 2. A clear accountability framework for the delivery of SLT programmes.
- 3. Parents to be given the opportunity to be involved in their child's therapy. Parents should be offered training, and they should be invited to attend therapists' school visits and receive assessment reports. These should include the next review date and contact details of the therapist in case of queries.
- 4. The NHS, the Council, schools, universities and parents to work together to develop innovative solutions, e.g. using SLT students and newly qualified therapists as volunteers in schools.

Tell us your views

We'd really like to get some feedback from you.

- What do you think about our proposed campaign targets?
- Do you want to be told when a therapist comes into school to see your child?
- Do you want training?
- Would you like us to keep you informed about upcoming training sessions for parents?

Please call us on **0114 2521913** or email **enquiries@sheffieldparentcarerforum.org.uk** and let us know.

*The information in this article is based on a report by Kate Laurance, Children's Service Strategy Manager NHS Sheffield, to the Children's Joint Commisioning Group. The full report is available for download from the "Resources" section of our website.



Training for parents

Parents may not always be able to do regular exercises with their child, but they can still support their child's therapy programme by just doing everyday things a little differently. We have asked parents what kind of training they would like, and we are now working with the SLT service to put together a training programme. Sessions will be held during the Summer term. Please see our website for more information.

www.sheffieldparentcarerforum.org.uk

Holiday Stories

In 2010, Sheffield City Council launched a scheme which allowed parents of severely disabled children to apply for a one-off grant payment of up to £370 to spend on holiday breaks or leisure activities. This popular scheme, which was accessed by over 1,000 families in Sheffield, is currently being evaluated. We don't yet know whether it will be offered again in the future.

In the last issue of our newsletter, we asked you to tell us how you had spent YOUR Short Breaks Grant. Thank you to everyone who responded – it was lovely to read about your adventures! Below is a selection of the letters we received:



"Mv son Lewis is 10 with autism spectrum disorder. I was so pleased to receive a short breaks payment of £250 for a holiday. We went to Blackpool and stayed in a lovely boarding house with a close view of the sea from the bay window. The weather was very nice. The day it rained we spent in the Blackpool Tower which was on Lewis' birthday, he was 10. We saw a dance show, ate in the restaurant, Lewis played in Jungle Jims, bought souvenirs and watched the circus which was brilliant, a Chinese theme. Lewis was entertained in the arcades. enjoyed playing on the beach and going in the sea. We still had to cope with Lewis' outbursts of frustration, but generally he enjoyed his holiday. I enjoyed getting away by the sea, fresh air and walks. We ate fish and chips and lots of ice cream. Thanks very much to short breaks!"

By Sharon Powell (Mum)

"The trip was so good. We went to Blackpool. We used the National Express bus to get there. By the time we arrived, our son Believe thought, "we are going to the sea", but instead we went in the hotel Savoy Britannia. Just after an hour Believe was crying. His intention was, "why we cannot go to the sea first?" We tried to make him understand "sorry we'll play tomorrow". The following day he played non-stop, he did not even want to come out from the water. For Believe not to return to Sheffield could be a good idea. Even us parents were very, very, very happy.

We thank you for this programme. We hope that this joy will go on for many, many years."

By Mayala Kiese (Dad) and Jose Lelo (Mum)





"It never snows before Christmas" – our Short Break holiday in the Lake District

"Hooray for the Short Breaks programme" we said as our short breaks grant money went into the bank.

Like for many families with a disabled child, going on holiday for us is not simple or straightforward. But the short breaks grant gave us the opportunity to get away and try something different.

We found some affordable 3-day self-catering breaks available in Keswick for just before Christmas. We were a bit apprehensive about the weather in the middle of winter - what if it snowed and we couldn't get to our holiday? But everyone said "It never snows before Christmas," so we booked a lovely cottage in a very pretty village just outside Keswick for the few days before Christmas.

I'm sure that you are ahead of my story now - of course temperatures plummeted and it snowed heavily. However we packed up, intrepidly set off and, carefully avoiding all the roads and motorways that were shut, managed to reach our destination.

And funnily enough, it was the cold, snowy

weather with temperatures as low as minus 15 degrees, clear blue skies and bright sunshine that made our holiday really magical.

The scenery was spectacular, with white mountains and snow-tipped trees, which looked just like Christmas trees. Lake Derwent Water was completely frozen over, with the ice formed into strange patterns like crazy paving.

Suitably wrapped up we walked into the mountains to enjoy the views, and enjoyed picnics with our gloves on!

By night we settled down in front of a roaring fire in our cosy cottage, relaxing with real ale bought from the pub nearby, with both children happily engaged with their various games and electronics.

Because of our disabled child's particular needs we very rarely do things together as a family, so our happy weekend in the snowy Lake District is something we will always remember. Our short breaks grant has bought our family more than a holiday - it has given us shared memories of a beautiful and magical time together."

By Joanne Ferguson (Mum)

Childcare for disabled children



Parents...

- Find out about new childcare initiatives for disabled children in Sheffield
- Meet trained students and specialist childminders looking for work
- Talk to other parents in the same boat

Kids...

Enjoy loads of fun activities:

- Swimming
- Trampolining
- Dance
- Arts and crafts
- Face painting
- Ball sports...

...or just have a run around the big sports hall!

When Sunday 15th May 2011, 2-5pm

Please resenze

Where Ponds Forge International Sports Centre, Sheaf Street Includes a FREE buffet!

A FREE event for disabled children, their parents/carers and siblings. Coaches with disability training available, but children must be supervised by a parent or carer at all times.

Places will be allocated on a first-come, first-served basis. To book your place, please register on **http://pondsforge.eventbrite.com**, or fill in and return the tear-off slip (no stamp needed) by Wednesday 4th May.

Childcare information event Booking Form

places.				
ames of adults attending:				
		2.		
		4.		
ames and ages of children attending:				
	age	2.	age	
	age	4.	age	
ontact details of person making this booking:				
mail				
lome phone number				
1obile phone number				
oes anyone in your group have any special dietary or access requirements? Please specify:				

Please cut out this form and post to the following freepost address (no stamp needed): FREEPOST RSLJ-ULCE-ECSU, Sheffield Parent Carer Forum, 7 Bells Square,

FREEPOST RSLJ-ULCE-ECSU, Sheffield Parent Carer Forum, 7 Bells Square, Sheffield S1 2FY

The Big Question



You can't have failed to notice all the talk in the media about David Cameron's "Big Society". The big question of course is: how is this going to work?

As laudable as a commitment to local community and volunteering is, most people have just not got the time or the energy or the expertise. Let's face it, some aspects of this feel positively Victorian.

Fear along here

David Cameron says the Big Society is not about hiding funding cuts and clearly there are bigger things happening to the way we will be structuring and using our public services in the future. Certainly in the short term, the worry is that government knows the cost of everything and the value of nothing. To give an example, whilst I was waiting for my son's transport the other morning, the government minister on the TV in the front room was saying that people with increasing debt problems should go to CABs (Citizens' Advice Bureaus); whilst in the kitchen, the voluntary sector spokesperson on the radio was warning of the impact that CAB closures would have. It feels like there is very little joined-up thinking and little recognition of the impact of the cuts or how any of this works in practice.

Will the very organisations that are needed more than ever to provide their services still remain at all or in a way that will work for us – think of the possible closure of SIGN?

In a recent keynote speech made at VAS's "Survive and Thrive" conference, Deborah Alcock Tyler (Chief Executive of the Directory of Social Change) stated, "Third sector organisations don't exist to deliver government objectives, save state money or even to reform poor public services. We exist to serve the citizens, not the state."

By Jayne Woodward (Co-Chair, Sheffield Parent Carer Forum)

Sheffield Parent Carer Forum Application for Full Membership

Full membership is FREE and open to all parents and carers of disabled children and young people (0 - 19) who live in Sheffield or access services in Sheffield.

About you			
First name	Surname		
Street and house number			
Town/city	Postcode		
Email address (please print)			
Home phone	Mobile		
Your ethnic group (optional)			
About your disabled child/children	Please tick as appropriate: Please add me to your email list.		
Child 1: Date of birth:	Please add me to your text messaging list.		
Type of disability (main diagnosis first):	Please add me to your postal mailing list.		
1.	I am happy to take part in consultations:		
2	by phone by email by post I am interested in volunteering for the Parent Carer Forum.		
3.			
Child 2: Date of birth:			
Type of disability (main diagnosis first):			
1.	Signature		
2	Date		
3.	Date		
Child 3: Date of birth:	Please note: We will not pass any of your details on to any third parties. Members of our email and postal mailing list will receive a regular newsletter. We may also contact you occasionally with		
Type of disability (main diagnosis first):			
1.	important news updates or events information. You are free to opt out of this service at any time.		
2			
3.			

Freepost RSLJ-ULCE-ECSU Sheffield Parent Carer Forum 7 Bells Square Sheffield S1 2FY

Fold along here

