



## Supporting Families

The Peer Support Service is one of many services offered by Sheffield Parent Carer Forum. If you would like to become a member please scan the QR code below or for more information please go to the website:

[www.sheffieldparentcarerforum.org.uk](http://www.sheffieldparentcarerforum.org.uk)



SCAN TO JOIN  
SHEFFIELD PARENT CARER FORUM



### Sheffield Parent Carer Forum

St Mary's Community Centre,  
Bramall Lane,  
Sheffield,  
S2 4QZ  
Phone: 0300 321 4721  
E-mail:  
[peersupport@sheffieldparentcarerforum.org.uk](mailto:peersupport@sheffieldparentcarerforum.org.uk)

# PEER SUPPORT SERVICE



*Connect Inform Empower*



### **Peer Support Service**

The Peer Support Service is available to all parents of children and young people (0-25 years) with additional needs in Sheffield.

A formal diagnosis is not required.

Peer Support Workers have lived experience of caring for a child with additional needs and a good understanding of local services.

## **Peer Support Services**

### **Signposting**

Information, advice and signposting to relevant services



### **Peer Support Groups**

Where parents can meet other parents facing similar challenges



### **Information Sessions**

Offering information on common issues

### **1-1 Support**

Confidential one-to-one support via telephone, video call or face-to-face meetings in a community space with flexible appointment times available

