



Peer Support Service

Available to all parents and carers of children and young people (0-25 years) with additional needs in Sheffield. A formal diagnosis is not required.

- Information, advice, and signposting to relevant services.
- Confidential one-to-one support via phone, video call or face-to-face meetings in a community space.
- Information sessions about common issues.
- Peer Support Groups where parents and carers can meet others who face similar challenges.



Face to face support delivered in community venues across the city.

📍 **Main Office:** St Mary's Community Centre, Bramall Lane, Sheffield, S2 4QZ

☎ **0300 321 4721**

✉ **peersupport@sheffieldparentcarerforum.org.uk**





I cannot thank you enough for the call today, it's been so nice just to talk things through and have a plan.

I feel so much lighter after talking to you today.

I really value the time you give me

It's so good to talk to someone who has faced similar challenges

The information session helped me feel much more empowered to advocate for my child

 @SheffieldParentCarerForum