



# Sheffield Short Break and Respite Services

Meeting with parents and carers

27<sup>th</sup> January 2015

Welcome from

**Cllr Jackie Drayton**

Cabinet Member for Children, Young People and Families

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Executive Director of Children, Young People & Families



# Today ....

- A summary of the key findings of stage 1 of the consultation
- The Budget Challenge
- Services going forward:
  - What we have developed so far
  - What is happening nationally
  - Outline of our ideas
- Consultation Process and time lines
- Table Discussions
  - Your thoughts on the ideas presented
  - Do you have any ideas of your own?
  - How do we make this consultation effective and wide reaching

# Consultation

- Sought the views of parents, carers, children, young people, staff and service providers
  - What works well?
  - What could be better?
  - How might it be done differently?
  - Ideas for the future
- Range of approaches: open meetings; on-line surveys; focus groups; 1:1 & small group discussions; visits to services
- The Parent Carer Forum have also published their consultation 'The State of Sheffield', there were many similar findings, and our ideas have taken into account the wider recommendations in the report

# Parent Carers told us ...

- Impact on families; challenging behaviour and, or sleep problems
- Information and Communication needs to be improved
- Need to develop flexible services
- What parents of children and young people value – ‘when is a short break a short break’

# Continued ...

A good range of services - but some gaps or areas for improvement:

- There is a lack of day-time and respite provision for 18 – 25 year olds
- We need to reach more families from the BME Communities
- There is a lot of children and young people with High level complex care or specific needs
- They would like more Personal Assistants / Childcare
- Some want to keep Short Break Grant
- One Size Does Not Fit All

# Budget Challenge

- Reduce SCC Spending by £63m in 2015/16
- Total savings so far (2011/12 to 2014/15) = £240m
- CYPF Savings (2011/12 to 2014/15) = £84m
  - Half of it lost grants for sure start/any/early intervention
- Children and Families Savings (2011/12 to 2014/15) = £21.8m
- Increasing demand for services

# What's happening nationally

- Payment policy
- Combining health & social care short break or respite services
- Commissioning one provider to deliver a range of short break day services
- Commissioned short break services - requesting providers to look at combining management & infrastructure
- Limiting access to open access short breaks
- Embed Short breaks grants scheme – inclusion grants
- A number of local authorities around the country are reviewing short break and/or respite services

# Specific ideas from Parents and Carers

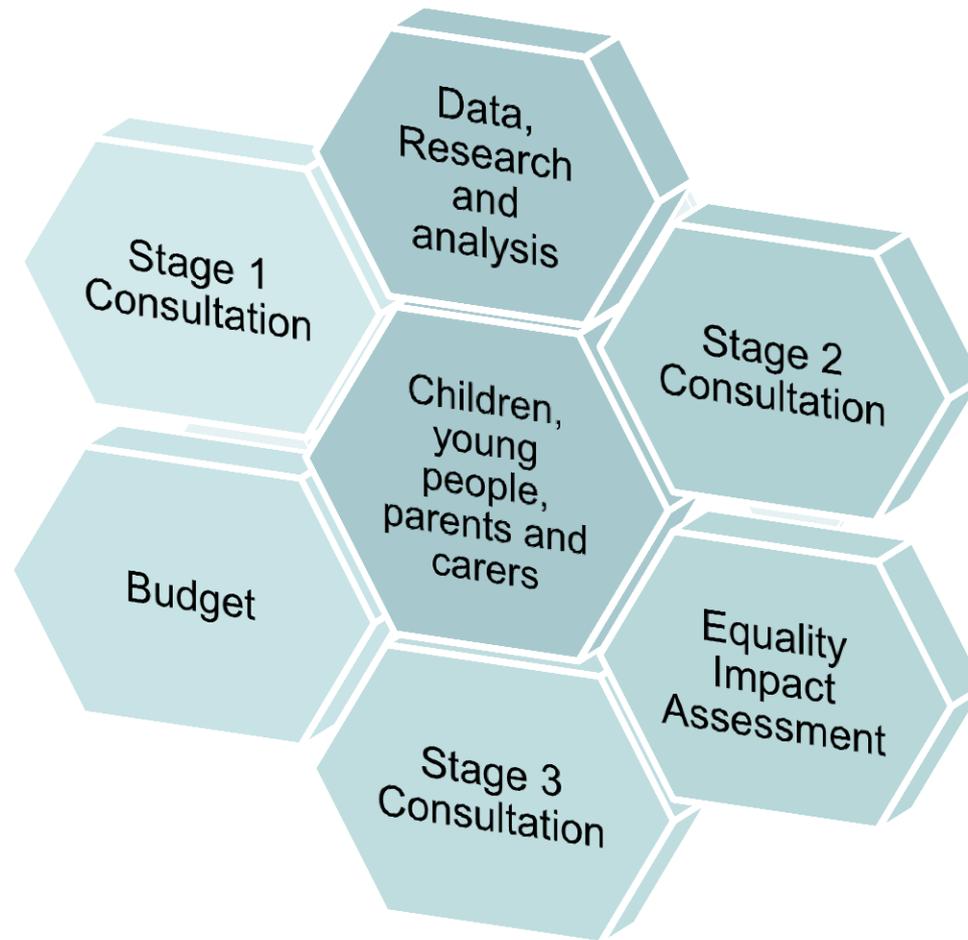
- More appropriate services for young people aged 18 - 25
- More emergency offer
- More Foster Carers for complex needs
- Need to look at the spread of day time breaks across the city
- Keep the short breaks grant even if at a lower rate
- Training for clubs and services
- Clear eligibility, information, communication, language and transparency
- Workshops to help parents carers
- Trip Advisor type of forum

# What we have been developing

- Foster Carer recruitment campaign
- Working with Communities (adult services) and Life Long Learning
- Revising parent carer information pack on Direct Payments
- Recruiting PA's and developing Childcare
- Better creative use of existing facilities
- Developing a Sheffield Sleep Programme and a Positive Behaviour Programme
- Joint working with health on a city wide needs assessment, current / potential future users

# Our ideas and our thinking

- We have short breaks and respite offered by both health and social care
  - Are there any opportunities to maximise our resources across the two agencies? Could this be better, and how?
- Parents and carers highlighted concerns about respite provision post 18
  - We have ideas for a transition to Adulthood 18 to 25 service, but want to hear your views of how it could be developed
- For the parents that receive only a Short Break grant, they see this as a vital service
  - We want to embed short break grant into our offer, but it would be a choice
- Where there is an activity involved - the same as for a non-disabled child - in some areas parents pay the activity cost
  - Is there anything we can do to generate income / reduce costs? Should we stop paying for the mainstream leisure activity?



## Next Steps

- City wide needs assessment / current and projected future need
- Develop our range of options
- Stage 3 Consultation with a range of options for parents/carers to consider

# Table Discussions

In your tables we would like you to consider

- Your thoughts on the ideas presented?
- Do you have any ideas of your own?
- How do we make this consultation effective and wide reaching?