

Information Sessions for Carers

November 2015 – March 2016



Sharing Caring Project (SCP) is part of Sheffield Mencap & Gateway and specialises in supporting families of adults who have a learning disability and/or autism. **All the following information sessions (except 20th November session) are happening at Sheffield Mencap & Gateway, Norfolk Lodge, Park Grange Road, Sheffield S2 3QF**. Tram is the best way to get here (Halfway or Herdings on the front of the tram and the Park Grange Croft tramstop and there is some parking on site and more on the road or across the tram tracks. **For more information, please don't hesitate to ring us on 0114 2758879 or email us at scpoffice@sheffieldmencap.org.uk**

Supporting your relative with their finances now & for the future

Friday 20th November 10.30am to 12.30pm

Quaker Meeting House, St James Row



This event is being held jointly with DOSH to launch new factsheets for family carers aimed at helping people feel more confident about supporting people to manage their finances now and in the future. It will include top tips for managing family money, banking, different types of financial support and what you or others should be looking for in a future provider and issues such as safeguarding versus choice for how people help your relative spend money in the future

To book: Use this link <http://scpmoneymanagement.eventbrite.com> or call us on 2758879 or email scpoffice@sheffieldmencap.org.uk

Wills & Trusts - Tricia Carter & Siobhan Scattergood from Lupton Fawcett Denison Till

Thursday 26th November 6.30 to 8.00pm

OR Thursday 3rd December 10.30 to 12.30



Tricia and Siobhan will talk about some of the things families may need to know if they, or other relatives, are thinking of leaving any money or property to someone with a learning disability and/or autism. This includes information about Discretionary Trust, choosing Trustees, safeguarding peoples incomes, legal obligations for parents of disabled people and more. Tricia is always very happy to answer any question as best she can. (Please note that both sessions are the same, there's just a choice of date!)

To book: directly on to the **evening** course use this link <https://willsandtrustevening.eventbrite.com> and for the **daytime** session use this link <https://willsandtrustdaytime.eventbrite.com> or call us on 2758879 or email scpoffice@sheffieldmencap.org.uk

PTO



Steve Harris – Housing and Support Alliance
Wednesday 25th November 10.30am – 12.30pm
OR Thursday 21st January 10.30am – 12.30pm



Steve Harris is the Lead Advisor for the Housing & Support Alliance (HSA). HSA is a national charity that works to try to create more choice and control for people with learning disabilities over where they live and how they are supported. HSA offers free, independent advice, information and resources on housing, support, funding and rights. Steve will talk about the range of housing options and ways to start planning for the future, as well as answering questions. If you are planning to come and have something specific to ask, please let us know ahead of time.

To book: directly on to the **November** session use this link <http://housing-support-nov.eventbrite.com> and for the **January** session, use this link <http://housing-support-jan.eventbrite.com> or call us on 2758879 or email scpoffice@sheffieldmencap.org.uk and you can let us know any areas you would like Steve to particularly cover.

Using the Care Act to get the right support - Rhiannon Gale, HFT
National Carers Support Service
Wednesday 17th Feb 6.30 – 9pm (venue to be confirmed) OR Thursday 18th February 10.30 to 2.30pm at Norfolk Lodge



This session is intended to give family carers the information and confidence to make sure their views are heard and get the right support for the person they support as well as themselves. The Care Act means that people with learning disabilities AND family carers have stronger rights and Rhiannon will discuss the key points and help you understand how the Act can be used to help you challenge where appropriate, such as cuts or changes in an individual's service.

To book: Use this link: <https://using-the-care-act.eventbrite.com> or call us on 2758879 or email scpoffice@sheffieldmencap.org.uk

Understanding the Mental Capacity Act – Tim Whaley,
Independent Mental Capacity Advocate
Thursday 17th March 12.30 to 2.30pm OR 6.30 to 8.30pm



The Mental Capacity Act is an important way of protecting the rights and liberty of people who may need support around decision making in their lives, including people with a learning disability and/or autism. This affects the role of family members and family carers in any decisions being made. The Act covers all sorts of issues and provides a legal framework around decision making including choosing where to live, consent for health treatment, taking risks, issues of money and property and more. Tim is able to come to Sheffield through support from Inclusion North and carers who have attended his sessions before have found them brilliant – one carer said it was the most useful session he'd attended in 30 years of caring!

To book: Use this link <https://understanding-mca.eventbrite.com> or call us on 2758879 or email scpoffice@sheffieldmencap.org.uk